



# Friends Lesson – 6th through 8th Grade Girls

from the Sponsor Guide

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## What Is Accountability?

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### Icebreaker

Select two or three girls to do some simple tasks such as taking something to a sponsor in another group, leading the girls in some songs, helping you pick up trash, or arrange chairs before the club meeting. Call on each individually, and ask her to explain what she did for you. Then ask each one to give a reason why she did the task the way she did. You may have to help the girls by asking questions such as “Why did you take it in your right hand instead of your left?” “Why did you do it this way instead of another way?” “Why did you take that route to the clubroom instead of another?” Give small prizes to the girls who helped you, and thank them.

### Club Distinctives

### Lesson

**H**ave you ever heard of the word *accountability*? What does it mean? (Allow for response. Take time for the girls to complete “Accountability Definition” in their Friends Journals.)

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#### Accountability Definition

Accountability is simply giving a reason or explanation for an action you’ve done. Read 2 Corinthians 5:10 and Romans 14:10-12. A day will come when you will stand before the judgment seat of Christ. All of us will

Icebreakers get the club off to a fun start and introduce the lesson topic. They also help girls connect with the leader and each other.

Write down points you want to highlight in the space provided in the side bars.

Instantly grab the attention of girls with a thought-provoking question that relates to the lesson.

Bold text from the Journal Activities helps you easily instruct the girls in their activities.



**Girls Only Lesson – High School Girls**  
*follows the same format and options*

appear before God and give an account for what they did in this life. Should that affect the way you act?

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## Role-Play

Suppose someone from another country is visiting your school. She speaks some English but not a lot. Your teacher has assigned you as her vocabulary partner. How would you explain to her what accountability is? Write your explanation in the space provided. Role-play this with a friend.

*(Divide the club into groups of two to role-play the "Accountability Definition.")*

Accountability is simply giving a reason or explanation for an action you've done. In the Icebreaker, the girls who helped had to give an explanation—an account—for what they did. The Bible says that one day we will stand before God and give an account for what we've done with our lives. *(Ask a girl to read 2 Corinthians 5:10 and another to read Romans 14:10–12.)* A day is coming when we will stand before the judgment seat of Christ. Everyone will appear before God to give an account for what she did in this life. How does that make you feel? Should that affect the way you act? *(Allow for response. Take time for the girls to complete "Life Account" in their Friends Journals.)*

Stretch girls' social skills with plenty of opportunities for interaction.

## Life Account

In the space provided below, give an account for everything you've done today. Some questions are given to get you started.

1. What was the first thing you did when you woke up this morning?
2. How did you react to your family today?
3. Did you have all your homework ready for school? Why or why not?
4. How did you treat your friends today?
5. Did you lie, cheat, or say anything unkind to someone today?



Journal Activities help the girls apply the lesson to their lives.

When we stand before God one day, we will answer for every action we did in this life—every place we went, every hour we wasted, every activity we took part in. We will also give an account for what we accomplished for God. He has given each of us specific talents and abilities, and someday He will ask us what we did



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us specific talents and abilities, and someday He will ask us what we did with those talents and abilities. Did we use them for His glory? Did we use them to bring people to a closer relationship with Him? Or did we use them for our own benefit and recognition? (Allow time for the girls to complete "Talent Inventory" in their Friends Journals. Discuss their answers when they've finished.)

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Help girls talk out what they believe with group discussion.

You will also give an account for what you accomplished for God. He has given you specific talents and abilities, and someday He will ask you what you did with those talents and abilities. Did you use them for His glory? Did you use them to bring people to a closer relationship with Him? Or did you use them for your own benefit and recognition?



### Talent Inventory

In the space below, list the talents God has given to you. Then beside each talent, write how you can use that talent for God.

Talents                      How Can I Use This for God?



Not only will we give an account for our actions and our lives, we'll also give an account for every word we speak. (Ask a girl to read Matthew 12:36,37.) How should this affect the way we talk to others? (Allow for response. Take time for girls to complete "Word Check" in their Friends Journals. Discuss their answers when they've completed it.)

Read Matthew 12:36,37. Not only will we give an account for our actions and for our lives, we'll also give an account for every word we speak.



### Word Check


As a group, brainstorm a list of positive words you want to use in your conversations with others. These should be words you will be proud to give an account for on the Day of Judgment.

(Lead the girls in a brainstorming session to list positive words to use in conversation with others.)

Journals are a great opportunity for girls to chronicle their walk with God and the character they develop.

Repetition helps girls remember what they learn.

## Closing

*This week encourage your club to remember that they will one day stand before God and give an account for their every word and action.* 

## Prayer

Pray the prayer found in Psalm 19:14.

*Pray that God will enable the girls to guard their words and their actions and give them opportunity to use their talents for His glory this week.*

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## Optional Discussion Starters

1. What is accountability?
2. What talents has God given you, and how can you use them for Him?
3. How can you use your words to glorify God?

Plenty of discussion options let you choose the one that best fits your girls!