



Stars Lesson – 3rd through 5th Grade Girls

from the Sponsor Guide

Easy activities in the sidebar briefly introduce the lesson and keep girls attentive until everyone arrives.

Recite the club pledge, motto, memory verse, and song each week to plant them in girls' hearts and minds.

Lesson 1

What Makes Me Special to God?



- Preclub Activity
- Club Distinctives
- Memory Activity
- Giving Time

Helps girls develop the habit of giving to God.

Great activities and games reinforce the lesson. All reproducible sheets and instructions are in resource section of the Sponsor Guide.

Exploring the World Within You

Everyone wants to feel special, but not everyone does. The world around us tells us there are only a few things that can make someone special. Musical artists, athletes, models, and actors are often treated as special people. But how many people in the world (and there are over 6 billion!) reach that "special" level? What about the rest of us "normal" people? What makes us special?

Most people in the world decide someone is special by how she looks, what she can do, or who she knows. But each of us is special to God for a totally different reason.

Who knows the Bible account of when God chose David to be king after Saul? (*Allow time for responses.*) The prophet Samuel went to Jesse's (David's father) house and asked to see all his sons—God had chosen one of them to be king. Jesse paraded all his older, stronger sons in front of Samuel, but God kept saying no. Finally David was brought to Samuel. He was small and young. David did not seem very special or king-like, at least not by looking at him. But God saw something different. (*Ask a volunteer to read 1 Samuel 16:7.*) What was special about David? (*Allow time for responses.*) God knew David loved Him. David's heart belonged to God, and he lived a life that showed people who made him special. It was as though God had put His signature on him.

Have you ever gone to a concert or sporting event and had the musician or one of the athletes sign a program, album, or T-shirt? What did that autograph do to the value of the item it was on? That item became very special to you and the other people who saw it, didn't it? Having the signature of a famous person made the item more precious. You have been "autographed" by Someone very famous and awesome—God.

Genesis 1:27 and 5:1 tell us that God made us in His very own image, or likeness. (*Ask volunteers to read these verses.*) Now let's read more about how special you are to God. (*Ask a volunteer to read Psalm 139:13–16.*) Wow! God formed every little part of you, He planned you; He knew everything about you before you were even born. He even knows the number of hairs on your head! (*Ask a volunteer to read Matthew 10:30.*) You are special to God. There is no one else, in all the world, who is exactly like you. You are a one-of-a-kind, signed original, especially made by God.

Look at the picture, shoes, and autograph you wrote about earlier. You wrote about why those items were special. They are considered

Suggestions for

Preclub Activity

Provide paper and pencils. Ask the girls to choose an object from Supplies for Exploring the World---, and personify (give human characteristics to a nonhuman object) the object in a paragraph that begins, "I'm special because---."

Memory Activity

- Sing a Verse
- Incentives

Supplies for

Exploring the World---

- A picture of a valuable painting
- Pair of expensive name-brand sneakers
- Famous person's autograph or other items that would be known because of their creator
- Paper
- Pencils
- Small hand mirror

Quickly see the materials needed for the day's lesson.



Prims Lesson – 1st and 2nd Grade Girls
follows the same format and options

special because of who made them or “signed” them. You were made by the most incredible Person ever. As valuable and as special as these items may seem, you are even more special to God. He loves you so much He made plans for your life and gave you gifts and talents to be able to complete those plans. You are not special because of your looks, what you have done or will do, or who you know. You are special because God created you. *(Let each girl take a turn looking into the mirror and saying, “I am fearfully and wonderfully made; I am a designer original. I am unique and special. I am created by God.”)*

Discussion Activity

1. How does the world decide someone is special?
2. Why was David chosen to be king? (Was it because he was the biggest and best?)
3. Why are each of us special?
4. How well does God know each of us?

Prayer

Crafts, Activities, Games, and Snacks

Closing Activity

Let’s practice our memory verse together. Remember, you are a one-of-a-kind original created by God. You are very special!
Let the girls complete the Activity Page.



Prayer

Ask for prayer requests. Pray for those requests and that the girls will know they are special because they are God’s creations. Pray with any who might not know Jesus as their Savior. If any of the girls seem to have a real struggle with believing they can be special, say a special prayer with them at this time or after the club

Suggestions for

Crafts, Activities, Games, and Snacks

- Mirrors
- Hearts
- All About Me!
- Talking Pictures (In the speech bubble write “I am special because God created me” or “I am wonderfully made. I am unique.”)
- One-of-a-Kind Cookies
- Rainy Day Milk

Distribute the Take-Home Page for this unit to the Stars.

Targeted discussion helps girls apply the lesson to their lives. It also helps you measure what girls learned.

Plenty of activity options lets you choose the best one for your girls.

Quickly identify the type of activity—craft, action, cooking.

Close with the memory verse and Central Truth. It’s one last reinforcement of what the girls learned that lesson.

The Take-Home Page lets parents feel involved and know what their girls are learning.